



## PRESENTACIÓN

**Breve descripción:** In this course we will examine the major historical movements that shape international relations today, based on the interactions of nation-states and non-governmental organizations fields such as politics, economics, and security.

The field of study is history of the post-1945 world, with a particular focus on the Cold War, both in Western and Eastern Europe, in the Asia-Pacific region, Latin-America and in the Middle East. Throughout the semester, both lectures and text discussion seminars will be held. The evaluation will be done through exams, the evaluation of class participation, and the elaboration of a Past Perspectives Project on a topic that will be to be presented in public for the class. The main objective is to have a panoramic view of the current problems of international relations, the interaction between the different elements of geopolitics, and to be able to reason through analogies and critical thinking about the circumstances of the present.

- **Titulación:** International Relations
- **Módulo/Materia:** Fundamentos de las relaciones internacionales, Fundamentos históricos
- **ECTS:** 6
- **Curso, semestre:** 1º (Second Semester)
- **Carácter:** Básico
- **Profesorado:** Santiago de Navascués Martínez
- **Idioma:** Inglés
- **Aula, Horario:**
  - Wednesday, 12:00h in Aula 15, Amigos Building
  - Friday, 10:00h in Aula B1, Amigos Building

## RESULTADOS DE APRENDIZAJE (Competencias)

CB1 Que los estudiantes hayan demostrado poseer y comprender conocimientos en un área de estudio que parte de la base de la educación secundaria general, y se suele encontrar a un nivel que, si bien se apoya en libros de texto avanzados, incluye también algunos aspectos que implican conocimientos procedentes de la vanguardia de su campo de estudio

CB3 Que los estudiantes tengan la capacidad de reunir e interpretar datos relevantes (normalmente dentro de su área de estudio) para emitir juicios que incluyan una reflexión sobre temas relevantes de índole social, científica o ética

CG01 Analizar, valorar y razonar las diferentes situaciones internacionales a la luz de los conocimientos adquiridos.

CG05 Saber expresarse oralmente de manera correcta y adecuada sobre temas internacionales

CG07 Valorar con espíritu crítico la realidad internacional y sus problemas específicos.

CE01 Conocer los conceptos y técnicas aplicadas al análisis de los actores y relaciones internacionales.

CE07 Conocer las características de la geopolítica mundial y el concepto la denominada sociedad internacional.

CE20 Evaluar las relaciones internacionales y cada uno de sus componentes sociológicos, históricos, jurídicos, políticos y económicos.



## PROGRAMA

1. The Effects of WWII: Massive Destruction and the End of Europe's Domination.
2. Postwar: International Relations after 1945. 2.1. The Cold War: The Notion and Its Beginning. 2.2. Phases and Evolution through 1953. 2.3. The Thaw. 2.4. The Cuban Crisis and the Nuclear Arms Race.
3. The End of the European Empires. 3.1. Why did it happen? 3.2. How did it develop? 3.3. What problems did arise from it?
4. The Spread of Communism. 4.1. Mao's Triumph in China. 4.2. Communism in North Korea. 4.3. Vietnam and Southeast Asia 4.4, Castro and Cuba.
5. Communist China. 5.1 Mao Zedong and China 's Challenges. 5.2 Post Mao China. 5.3. Communist China Changes Face.
6. Two Europes Arise: The West and the East. 6.1. Economic Growth and Cooperation in the West. 6.2. Unity and Subjection in the East. 6.3. The Iberian Exceptions: Franco's Spain and Salazar's Portugal.
7. The Middle East: A Never-Ending Turmoil. 7.1. Arabs and Israelis. 7.2. Three Wars: Suez, Six Day and Yom Kippur. 7.3. Failed Expectations in the Beginning of the New Millennium.
8. International Relations from the 1970's to the 1990's: 8.1. Salvador Allende's Chile and other US interventions. 8.2. Détente in Europe.
9. The Collapse of Communism and the End of the Cold War. 9.1. The Brezhnev Years: Stagnation and Decline. 9.2. Gorbachev and the Perestroika. 9.3. Eastern Europe ceases to be "Eastern". 9.4. War in Europe: Yugoslavia's Split
10. New Problems, New Trends. 10.1. The European Union. 10.2. Russia after Communism: From Boris Yeltsin to Vladimir Putin. 10.3. The New World Order and Global Terrorism.

## ACTIVIDADES FORMATIVAS

### 1. Class Participation (10% of the final grade)

Active and consistent participation is required and will account for **10%** of your final grade.

#### Attendance

- Students may not miss **more than four (4) classes in total** during the semester.
- Attendance will be checked through roll calls.
- Absences beyond this limit will negatively affect the participation grade.

#### Participation

- Attendance implies **active listening, sustained attention, and engagement** with the class ([here are some tips](#)).
- Contributing to discussions, asking relevant questions, and participating in group activities will positively influence your grade.
- Mere physical presence without engagement does not count as participation.

#### Justified Absences



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- Absences due to illness or serious emergencies must be justified with **official documentation** (e.g., medical certificate or equivalent).
- Documentation must be submitted promptly to be considered valid.

## 2. Past Perspective Project (25% of the final grade)

The **Past Perspective Project** represents **25%** of the final grade and is based on **mandatory group work**. The project centers on the **Cold War**, examining its complexity from multiple historical perspectives.

- Students will work in groups.
- Each group member will be assigned a **specific role**, responsible for researching, analyzing, and presenting a distinct aspect of the topic.
- Roles are designed to ensure a balanced and comprehensive analysis.

### Mandatory Reading

- The assigned book or article **must be read in full**.
- Seminar discussions and assessment will be based on both the historical topic and the content of the book.
- The quality of your participation and analysis depends directly on your engagement with t

## GROUND RULES

To ensure an optimal learning environment by minimizing distractions and maximizing cognitive engagement:

### 1. Smartphone Policy

- Smartphones must be **silenced and kept out of sight** (pocket, bag, or designated area) for the entire class. Here's a [\*key reference I recommend reading\*](#).
- The presence of smartphones—even when unused—reduces cognitive capacity and negatively affects learning performance.

### 2. Laptop and Tablet Policy

- **Laptops and tablets are not permitted** during lectures or in-class activities. Here's a [\*key reference I recommend reading\*](#).
- Exceptions may be granted **only** for documented accommodations approved in advance.
- Unrestricted device use encourages multitasking, which harms both individual learning and that of nearby students.

### 3. Exceptions and Accommodations

- Students requiring technological accommodations must contact the instructor **at least one week before the first class**.

### 4. Students with Special Educational Needs

- Students must contact the **Studies Coordination Office of the Faculty of Law** to obtain official authorization for assessment adaptations.
- This authorization must be submitted to the instructor **at the beginning of the semester and no later than February 1**.
- Late submissions will not be accepted.



## PLEASE NOTE

Any attempt at **fraud, copying, plagiarism, or other academic misconduct** constitutes a serious offense under **Title IV, “Academic Discipline Rules for Students,”** of the **University of Navarra** regulations and will be addressed accordingly.

## EVALUATION

### Ordinary Call (Convocatoria Ordinaria)

The final grade will be based on the following components:

- **Class participation, activities, seminars, and tutorials:** 10%
- **Past Perspective Project:** 25%
- **Midterm Exam (February):** 15%
- **Final Exam (May):** 50%

### Midterm and Final Exam Structure

# **IMPORTANT:** The **map section is a prerequisite** for grading the Midterm and Final Exam. Students **must** score at least **14 out of 20** on this section. **Failure to meet this threshold will result in a score of 0 for the entire exam.**

1. **Locating countries on a map (Prerequisite for grading)**
  - Students must score **14 out of 20** to pass.
  - **Scoring below 14 will result in a zero for the entire exam.**
  - Each correct answer = **+1 point**, each incorrect answer = **-1 point**, blank answers = **0 points**.
2. **Exam Questions (only graded if the map prerequisite is met)**
  - **Multiple choice questions (50%)** Correct: **+1 point**
  - Incorrect: **-0.33 points**
  - Blank: **0 points**
  - **Two historical concept questions (50%).** Each response must be at least **1 page long**

### Extraordinary Call (Convocatoria Extraordinaria)

- Students who take the extraordinary exam will be assessed on **all course content**, contributing **100% to the final grade**.
- The exam structure will be **identical** to that of the Final Exam.

### Workload Breakdown

- **Attendance:** 52 hours
- **Evaluation:** 8 hours
- **Tutorials:** 2 hours
- **Independent study:** 88 hours

## HORARIOS DE ATENCIÓN

Prof. Dr. Santiago de Navascués (sdenavascue@unav.es)

- Office 2040 Ismael Sánchez Bella Building
- Tutoring hours: Monday from 11:30 to 13:30 a.m. [Schedule your appointment here.](#)

## BIBLIOGRAFÍA

### Main coursebooks



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1. Fink, Carole (2015). Cold War : an International History. [Find it in the Library](#)
2. McMahon, R. J. (2021) The Cold War : A very short introduction. [Find it in the library](#)
3. As a reference for the Past Perspective Project: Gaddis, J. L. (1998) What We Know Now: Rethinking Cold War History. [Find it in the library](#)

## General Bibliography

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**Further reading for the Past Perspective Project (All of them can be found in the Central Library You can choose to read in English or Spanish)**

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