



INTRODUCTION

Course description:

Community Nursing focuses on helping individuals, families and the community satisfy their basic living needs, and in each one of the health-illness processes they have to cope with. To this end, the teaching of Community Nursing provides students with the skills to be familiar with the health needs of people, families and community, seeking to promote health and prevent diseases and promoting rehabilitation and recovery of health.

In particular, the aim of Community Nursing II, is for students to study in more depth the professional development of Nursing, within the framework of Primary Health Care, acquiring knowledge and skills to carry out nursing care, geared towards the prevention, promotion and education for health. Furthermore, the contents of this subject will address health policies, health plans and health programming.

- **Degree:** Degree in Nursing
- **Module in the Degree Program:** Module II. Nursing Science
- **Number of credits:** 4
- **Year:** 2º year, 2º semester
- **Type of course:** Compulsory
- **Instructors:** Dr. Sandra Tricas and María Lavilla
- **Language:** English
- **Lecture schedule:** Please refer to the Calender

COMPETENCES

CE16. Managing, assessing and providing comprehensive nursing care for individuals, families and the community.

CE17. Being able to describe the basics of primary care and the activities performed to provide comprehensive nursing care for individuals, families and the community.

CE18. Understanding the function, activities and cooperative approach that professionals must develop as members of a primary care team. Encouraging individuals, families and groups to participate in the health-disease process.

CE19. Identifying health-related factors and environmental problems to be able to treat people in situations of health and disease as members of a community.

CE20. Identifying and analyzing the effect of internal and external factors on the health level of individuals and groups.

CE21. Applying the methods and procedures required in a specific area to identify the community's most relevant health problems.

CE23. Providing education, facilitation and support for the health and well-being of community members whose lives are affected by health problems, risk, suffering, disease, disability or death



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CG04. Understanding people's interactive behavior based on their gender, group and community within their social and multicultural context.

CG06. Basing nursing interventions on scientific evidence and the resources available.

CG07. Students must approach people without prejudice and without considering their physical, psychological or social appearance. They must treat them as independent individuals, respect their opinions, beliefs and values, and guarantee their right to privacy, confidentiality and professional secrecy.

CG08. Promoting and respecting the right of those under their care to participation, information, independence and informed consent when making decisions, in accordance with the way in which they experience their health-disease process.

CG10. Protecting the health and welfare of the patients, families and groups treated and ensuring their safety.

CG09. Encouraging healthy lifestyles and self-care, and supporting preventive and therapeutic behavior.

CG11. Establishing effective communication with patients, families, social groups and co-workers, and encouraging health education.

CB2. Students must know how to apply their knowledge to their work or vocation in a professional way and must have the competences that are usually demonstrated by means of preparing and defending arguments and solving problems within their area of study.

CB3. Students must have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include a reflection on relevant social, scientific and ethical topics.

CB4. Students must be able to transmit information, ideas, problems and solutions to specialized and general audiences.

PROGRAM

0. Community Nursing: revisiting essential concepts
1. Health Promotion: Health Prevention & Health Education
2. Community Nursing.
3. Nursing Consultation. Home Visiting
4. Family Care
5. Transcultural Care
6. Caring for the Community
7. Health Planning and Programming
8. Motivational Interview



EDUCATIONAL ACTIVITIES

FACE-TO-FACE TRAINING ACTIVITIES

- **Participatory theoretical lectures** (1,2 ECTS 30 hours) consisting of expository, explanatory and/or demonstrative content sessions with the support of audiovisual media by the teacher. They aim to present and explain the concepts and phenomena of the subject. The student must read, prior to receiving the classes, the material that the teacher provides, weekly, through the ADI of the subject.
- **Practical classes** (0,32 ECTS 8 hours): Role-play and video analysis of the Motivational Interview: 8 hours. (compulsory attendance)
- **Tutorial** (0,08 ECTS 2 hour): The student can have tutorials to solve doubts or other types of issues with the teacher.
- **Evaluation of the subject:** (0,08 ECTS 2 hours)

NON-PRESENTIAL TRAINING ACTIVITIES

- **Personal study** (2,32 ECTS 58 hours) It will be limited to the student carrying out the personal study autonomously, in which he/she is responsible for the organization of his/her work and the acquisition of the different skills, assuming the responsibilities and control of the personal learning process.

ASSESSMENT

Task	% Marks
Exam (with multiple choice and written questions)	60%
Participation in class	10%
Motivational Interviewing Video	30%

Active participation in class will be considered positively.

ORDINARY CALL

- The final grade for the course will be the result of the grades obtained in the evaluating tasks. To pass the course, it will be compulsory to have achieved a minimum grade of 5 in the final written exam, in the Instruct course and in the practical exercise. Not doing one of the tasks supposes failing the subject.

EXTRAORDINARY CALL

- Students who have not attend the exam, have not done any of the proposed activities or have not obtained at least a 5 in the exam, will have to do the extraordinary call and/or hand in/do the part that had not been handed in. The



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marks of the parts that had been passed or presented (in the ordinary call) will be hold for the calculation of the final mark.

Final marks: in accordance with the provisions of article 5 of Royal Decree 1125/2003, the results obtained by the student will be scored according to the following numerical scale from 0 to 10, with an expression of one decimal place, to which its corresponding qualitative qualification may be added:

0 – 4,9: Fail (SS).

5,0 – 6,9: Pass (AP).

7,0 – 8,9: Notable (NT).

9,0 - 10: Outstanding (SB)

The Honorable mention (HM) is awarded to students who, having obtained an Outstanding, have excelled both in learning content and in the acquisition of specific competences.

Final Written Exam Review: Students will be able to review the exam and other activities evaluated in an interview with the teacher via zoom, after the publication of the qualifications, making a prior appointment via email.

OFFICE HOURS

Dra. Sandra Tricas (stricanes@external.unav.es)

- Despacho: 085 Edificio Castaños. Planta -1
- Horario de tutoría: A concertar por correo.

María Lavilla (mlavilla@unav.es)

- Despacho: 078 Edificio Castaños. Planta -1
- Horario de tutoría: A concertar por correo.

BIBLIOGRAPHY AND RESOURCES

- Manual práctico de enfermería comunitaria. 2014. 2ª edición. Jose Ramón Martínez- Riera y Rafael del Pino Casado. [Find this book in the library](#)
- Community and Public Health Nursing. Promoting the Public's Health. Cherie Rector and Mary Jo Stanley.
- Thomas, T., Martsolf, G., & Puskar, K. (2020). How to Engage Nursing Students in Health Policy: Results of a Survey Assessing Students' Competencies, Experiences, Interests, and Values. *Policy, politics & nursing practice*, 21(1), 12–20. [Find this article in the library](https://doi.org/10.1177/1527154419891129) <https://doi.org/10.1177/1527154419891129>



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- Budig, K., Diez, J., Conde, P., Sastre, M., Hernán, M., & Franco, M. (2018). Photovoice and empowerment: evaluating the transformative potential of a participatory action research project. *BMC public health*, 18(1), 432. [Find this article in the library](https://doi.org/10.1186/s12889-018-5335-7) <https://doi.org/10.1186/s12889-018-5335-7>
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