



## INTRODUCTION

**COURSE DESCRIPTION:** This course describes the methodological principles to deliver scientific and person-centered nursing care to the person/family/community.

- **DEGREE:** Nursing
- **MODULE IN THE DEGREE PROGRAM:** II Module. Nursing science
- **NUMBER OF CREDITS:** 3
- **YEAR, SEMESTER:** first year, second semester
- **TYPE OF COURSE:** Compulsory
- **INSTRUCTOR:** Dra Amparo Zaragoza
- **LANGUAGE:** English
- **CLASSROOM, SCHEDULE:** Monday from 10.00 to 12.00; Some Tuesdays from 12.00 to 13.00

## COMPETENCIES

The present course will help students to start developing the COMPETENCES OF NURSING DEGREE (Basic, general, Specific) indicated below:

CB2 Students must know how to apply their knowledge to their work in a professional way and must have the competencies that are usually demonstrated by means of preparing and defending arguments and solving problems within their area of study.

CB3 Students must have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include a reflection on relevant social, scientific, and ethical topics.

CB4 Students must be able to transmit information, ideas, problems, and solutions to specialized and general audiences.

CB5 Students must develop the learning skills required to undertake subsequent studies with a high level of independence.

CG03 Students must be familiar with and apply the theoretical and methodological fundamentals and principles of nursing.

CG07 Students must approach people without prejudice and without considering their physical, psychological, or social appearance. They must treat them as independent individuals, respect their opinions, beliefs, and values, and guarantee their right to privacy, confidentiality, and professional secrecy.

CE13 Students must understand the evolution of the main concepts that make up the discipline of nursing from an ontological and epistemological perspective, as well as the most



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important theoretical models while applying the scientific method in the care process and developing the corresponding care plans.

CE14 Students must apply the nursing process to provide for and ensure the well-being, quality, and safety of patients.

CE15 Students must be familiar with and apply the principles behind comprehensive nursing care.

CE27 Students must have a cooperative attitude toward different team members.

The acquisition of the competencies will be assessed through a written exam. The student will show that he/she is able to:

1. Explain the importance of applying an appropriate systematic method in nursing practice to promote and develop the person/family/community's potentialities and well-being.
2. Describe each one of the five stages of the Nursing Process
3. Recognize the relevance of developing competencies for the nurse-patient relationship and clinical reasoning
4. Understand the area of nursing autonomy and its implications in terms of nursing leadership and interdisciplinary collaboration.
5. Understand the relevance of the Functional Health Patterns of Marjorie Gordon as a framework for nursing assessment.
6. Indicate how to carry on a complete and integrated assessment of the person based on the FHP framework and using the interview, physical assessment, and observation techniques.
7. Recognize the relevance of using NANDA, NIC, and NOC taxonomies as vehicles for a scientific approach to nursing practice
8. Understands the importance of documenting nursing care and becoming familiar with the electronic records
9. Participate in their own learning by doing the readings and study of the recommended materials.

## PROGRAM

The course Methodological Fundamentals in Nursing dwell around the methodological process through which nurses provide care to the person/family or community. In this respect, the notion of the nursing process is described as well as each one of the stages involved in this process: nursing assessment; nursing diagnosis, nursing planning, nursing implementation, and nursing evaluation. Alongside the process, the notions of nursing knowledge and standardized languages are explored as well as the skills needed for working with this approach.

## EDUCATIONAL ACTIVITIES

**Lectures: 25,5 hours**

The most relevant conceptual and theoretical aspects of the course will be explained in the classroom. The lecturer will indicate to the students the material (journal articles; book



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chapters; power points and so on) they should prepare and study before the class. Participation and contribution during the class will be positively valued.

An important part of the classroom activity will be discussions in relation to case studies. For every unit, the students will have to work on and prepare a case study. The students will upload to ADI their work on the case studies on the date indicated by the course leader.

## **Seminar on Functional Health Patterns: 2,5 hours**

Students will present the Functional Health Patterns indicated by the lecturer. The class will be divided into groups of 4/5 students each. Each group will prepare an oral presentation. At the end of the presentation, the students will have to answer questions from the lecturer and their classmates.

## **Individual tutorials: 1 hour**

It is recommended that the student undertakes at least one tutorial with the course leader.

## **Evaluation: 2 hours**

## **Autonomous work: 44 hours**

The autonomous work hours include the study hours and the time required to prepare the seminar, case studies and exercises regarding the reading material

## **Total Hours: 75 (3 ECTS)**

## **EVALUATION**

### ORDINARY CALL

- Final Written exam (open-ended questions) which includes all the content of the course: 70 %
- Case studies: 15 %
- Seminar and class contributions: 15 %

In order to pass the course in May, it is required to pass the Final written exam

Students will be able to review the exams in an interview with the professor, after the publication of the grades, on a day and place that will be indicated

### EXTRAORDINARY CALL

- For those who do not pass the course in May or do not take the exam (grades *Suspense* or *No presentado*) there will be an exam in June which will account for 70% of the final grade. The June exam will be open-ended questions. The students will keep the grade obtained through the case studies, seminar, and class contributions

Students will be able to review the exams in an interview with the professor, after the publication of the grades, on a day and place that will be indicated

### OFFICE HOURS



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Dra. Amparo Zaragoza ([azaragoza@unav.es](mailto:azaragoza@unav.es))

- Office S073 Building Castaños . Basement
- Office Hours: Students will arrange the day and time for the tutorial through e-mail

## BIBLIOGRAPHY

### Basic Bibliography

#### Book chapters

Carpenito-Moyet, I (2010). Understanding collaborative problems. *In Nursing diagnosis. Application to clinical practice. 13th Edition. (pp 24-29)* .Lippincott Williams & Wilkins. [Find this book in the library](#)

Gordon, M (1994) Functional Health Patterns: A structure for Assessment. *In Nursing diagnosis: Process and application (pp 69-100)*. St. Louis: Mosby. [Find this book in the library](#)

Herdman, H & Kamitsuru (2021). Nursing Diagnoses. Definitions and Classification. 12th edition. Wiley Blackwell. Oxford. **Study from page 109-125.** [Localízalo en la Biblioteca](#)

Jones D. (2013) **Nurse-patient relationship: Knowledge transforming practice at the bedside** in J. Erickson, D. Jones, & M. Ditomassi (Eds) *Fostering nurse-led care (pp 95-121)* Sigma Theta Tau International. Indianapolis. USA. [Find this book in the library](#)

#### Web pages

<http://www.nanda.org/nanda-international-glossary-of-terms.html?subject=NANDA-I>

<http://www.nanda.org/about-nanda-international.html>

<https://nursing.uiowa.edu/cncce/nursing-outcomes-classification-overview>

<https://nursing.uiowa.edu/cncce/nursing-interventions-classification-overview>

### Complementary Bibliography

#### Book chapters

**Gordon, Marjory** (2008). Assess notes: nursing assessment & diagnostic reasoning. Philadelphia : F.A. Davis, cop. [Find this book in the library](#)

Roy (2007) Advances in Nursing knowledge and the Challenge for transforming practice. In C. Roy ; D. Jones, *Nursing knowledge development and clinical practice (pp 26-31)*. Springer Publishing Company. New York. [Find this book in the library](#)



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Jones, D (2007) A synthesis of Philosophical perspectives for knowledge Development. In C. Roy C; D. Jones, *Nursing knowledge development and clinical practice*. (pp 163-179) Springer. Publishing Company. New York. [Find this book in the library](#)

Johnson, M; Moorhead, S; Bulechek, G; Butcher, H; Maas, M; Swanson, E. NOC and NIC linkages to NANDA-I and clinical conditions: supporting critical thinking and quality care. [Find this book in the library](#)

## **Books**

Potter P; Perry, A; Stockert P; Hal, A. Fundamentals of nursing (2017). St. Louis, Mo. : Mosby Elsevier, 9th ed. [Find this book in the library](#)

Butcher, H; Bulechek, G; Dochterman, J; Wagner, Ch . Nursing interventions classification (NIC). /th edition. 2018. [Find this book in the library](#)

Moorhead, S; Swanson, E; Johnson M; Maas, M. Nursing Outcomes Classification (NOC): measurement of health outcomes. 6th Edition. 2018..[Find this book in the library](#)