



## PRESENTATION

Esta asignatura forma parte del [Core Curriculum](#) de la Universidad de Navarra

### Brief description:

*Anthropology I* aims to introduce the students in the following question: who is the human being? Focusing on different writers and philosophers such as Plato, Aristotle, St Augustine, Descartes, Nietzsche, Leonardo Polo, Cervantes, Borges, Proust, Jesús Montiel, this course pretends to follow the command *know thyself* (γνωθι σεαυτόν) and to discover the priceless value of each human person.

*Anthropology I* belongs to the CORE CURRÍCULUM, the set of humanistic subjects included in all the Degrees of the University of Navarra: [Instituto Core Curriculum. Universidad de Navarra \(unav.edu\)](#)

Why the subjects of CORE CURRÍCULUM? [Core Curriculum en la Universidad de Navarra - YouTube](#)

[Imagen ICC corregida.png](#)

### Qualification (Module/Subject):

- Industrial Technologies Engineering (Personal and Social Training/Anthropology and Ethics)
- Mechanical Engineering (Personal and Social Training/Anthropology and Ethics)
- Electrical Engineering (Personal and Social Training/Anthropology and Ethics)
- Industrial Electronics Engineering (Personal and Social Training/Anthropology and Ethics)
- Telecommunication Systems Engineering (Personal and Social Training/Anthropology and Ethics)
- Industrial Organisation Engineering (Personal and Social Training / Anthropology and Ethics)
- Industrial Design and Product Development Engineering (Personal and Social Training / Anthropology and Ethics)
- Biomedical Engineering (Personal and Social Training / Anthropology and Ethics)
- Artificial Intelligence Engineering (Personal and Social Training /Anthropology and Ethics)

### Details:

- **ECTS:** 2 ECTS
- **Year, semester:** 1st year, 1st semester
- **Character:** Compulsory
- **Language:** Spanish



# Universidad de Navarra

- **Classroom and class schedule:** Ibaeta 3, Tuesday, 12-13:30 pm.

## Lecturers in the subject:

- Guibert Elizalde, María

## LEARNING OUTCOMES FOR THE BACHELOR'S DEGREE THAT NEED TO BE ATTAINED ON THIS COURSE

### INDUSTRIAL TECHNOLOGIES ENGINEERING

R34 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R35 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R36 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R37 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R38 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

### MECHANICAL ENGINEERING

R28 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R29 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R30 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R31 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R32 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

### ELECTRICAL ENGINEERING

R30 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while



# Universidad de Navarra

respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R31 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R32 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R33 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R34 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

## **INDUSTRIAL ELECTRONICS ENGINEERING**

R26 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R27 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R28 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R29 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R30 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

## **TELECOMMUNICATION SYSTEMS ENGINEERING**

R26 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship. (Type: Competences)

R27 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles. (Type: Competences)

R28 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge. (Type: Competences)

R29 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them. (Type: Competences)



Universidad  
de Navarra

R30 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline. (Type: Competences)

#### **INDUSTRIAL ORGANISATION ENGINEERING**

R31 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R32 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R33 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R34 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R35 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

#### **INDUSTRIAL DESIGN AND PRODUCT DEVELOPMENT ENGINEERING**

R22 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R23 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R24 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R25 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R26 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

#### **BIOMEDICAL ENGINEERING**

[R37 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.](#)

R38 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.



R39 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R40 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R41 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

### **ARTIFICIAL INTELLIGENCE ENGINEERING**

R22- Interpret the information obtained from one's own discipline in relation to other knowledge, assessing its relevance and scope from a critical perspective. (Type: Competences).

R25 - Identify the underlying problem in its scientific and human dimension, gathering the necessary information and selecting the relevant elements for an objective understanding. (Type: Competences)

R26 - Identify values and ethical principles related to a peaceful culture, democratic coexistence, respect for human rights, equality and non-discrimination. (Type: Competences)

R27 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them. (Type: Competences)

R28 - Judge the anthropological assumptions and ethical implications of one's discipline. (Type: Competences)

## **COURSE CONTENT**

1. Introduction: What is Anthropology and why study it?
2. Body and soul: monism, dualism, hylomorphism.
3. The human being: intelligence, will, memory.
4. Person and spiritual dimension
5. Leisure and free time: beauty and contemplation

Electronic Devices: I ask that NO electronic devices be used in class (except E-readers that do not give you access to the internet/email, etc.). Please bring pen and paper to every class session, as well as a hard copy of the readings for the day. If you would like to request an accommodation, please see me.

### **Schedule**



# Universidad de Navarra

09/09 Body and Soul Bring a printed copy of Frankenstein (L) /Phaedrus (P), having read it beforehand

16/09 Body and Soul

23/09 Body and Soul Review my notes on Aristotle and think about questions

30/09 The Human Being Bring a printed copy of the text on AI, having read it beforehand

**07/09 No class**

14/10 The Human Being Bring a printed copy of the text by Proust (L) /Saint Augustine (P), having read it beforehand

**21/10 Midterm exam**

28/10 Personal life and spirit Bring a printed copy of the literary dystopia (L) /the text by Ratzinger (P), having read it beforehand

04/11 Personal life and spirit

11/11 Pain and suffering

18/11 Pain and suffering

25/11 **Final exam**

## TRAINING ACTIVITIES

### I. On-Site Activities

#### 1.1 Classes

Various teaching methods will be used, including concept maps, oral presentations, debates to introduce topics, video projections, and the question-and-answer method.

These classes will build on the texts students have worked on at home. Key points from these texts will be explained and expanded upon.

Students are expected to take notes on the ideas discussed in class. Laptop and phone use will be prohibited to enhance concentration.

#### 1.2 Office Hours

By prior appointment: [mguibert@unav.es](mailto:mguibert@unav.es)

Tuesdays from 9:00 to 12:00 am.

Students can ask questions and seek clarifications after each class.

#### 1.3 Written Evaluation, Midterm Exam, and Final Exam

Students will demonstrate the acquisition of knowledge, attitudes, and skills related to the corresponding competencies through a midterm exam, which will include short questions on the topics covered, and a final exam consisting of one short question on the material



# Universidad de Navarra

covered since the midterm and one essay question encompassing the content of the entire term.\*\*

## II. Off-Site Activities

### 2.1 Homework

Students will read and analyze philosophical and literary texts and videos, answering specific questions about the texts at class.

### 2.2 Personal Study

Students should develop notes from class outlines, their class notes, and key ideas from the texts studied at home. Study will focus on connecting different concepts and mastering philosophical vocabulary.

## EVALUATION

### ORDINARY EXAMINATION SESSION

**In-class activities and participation:** 15%.

There are some homework activities (marked in green in the schedule) that consist of reading either a literary text or a philosophical text. If literary texts are chosen, up to 15% can be earned in this section. If a philosophical text is chosen, an additional 5% is added to that 15%, due to the greater difficulty of philosophical texts. In other words, if all the activities are completed, reasonable participation in class is maintained, and the 3 philosophical texts are chosen, an extra 5% can be obtained on the overall grade. That is, if the final grade is out of 10, up to 0.5 extra points can be earned by working on the philosophical texts (provided that all activities are completed and there is reasonable participation in class).

**Midterm exam:** 20%

**Final exam:** 65%

**Midterm exam format:** Short questions on topics 1 and 2.

**Final exam format:**

The final exam will consist of two parts. The first part covers the material taught after the midterm (from the treatment of memory in De Trinitate by St. Augustine up to and including Topic 4) and will be assessed with a short question (15%). In the second part of the exam, the course as a whole will be evaluated through a long-form question, in which students must demonstrate that they have assimilated the main topics of the course and have engaged in personal reflection on the issues discussed (50%).

25/11/2025

### EXTRAORDINARY EXAMINATION SESSION (RESITS)

- Midterm exam + final exam 85 %



Universidad  
de Navarra

- The % of the activities will be saved

## OFFICE HOURS

**Dra María Guibert Elizalde**

By prior appointment: [mguibert@unav.es](mailto:mguibert@unav.es)

Students can ask questions and seek clarifications after each class.

## BIBLIOGRAPHY AND RESOURCES

All assigned texts (journal articles or selected chapters from various books) will be available on the University's AulaVirtual Adi. You do not have to buy any textbook. The following list is just an indication of some important books in the domain from which some chapters may be extracted as assigned texts.

Aristotle, The Nichomachean Ethics. [Find it in the library \(online\)](#)

Descartes, Meditations on First Philosophy, Discourse on the Method (part IV) [Find it in the library](#)

Nietzsche, On the Genealogy of Morals, Beyond Good and Evil [Find it in the library \(online\)](#)

Copleston, A History of Philosophy, I. Ancient Greece and Rome.

Ratzinger, Introduction to Christianity [Find it in the library](#)

Benedictus XVI, Deus caritas est [Find it in the library](#)

Plato, The Symposium [Find it in the library \(online\)](#)

Van Inwagen, Metaphysics, part three "the inhabitants of the world"

Stump, Aquinas, part II ("the nature of human beings") and part III ("the nature of human excellence") [Find it in the library](#)

Nagel, What does it all mean [Find it in the library](#)

Fidalgo, Antropología. Para entender al ser humano. [Find it in the library \(online\)](#)