Universidad de Navarra

CORE - Anthropology I (TECNUN)

Guía docente 2026-27

PRESENTATION

Esta asignatura forma parte del Core Curriculum de la Universidad de Navarra

Brief description:

Anthropology I aims to introduce the students in the following question: who is the human being ? Focusing on different writers and philosophers such as Plato, Aristotle, St Augustine, Descartes, Nietzsche, Leonardo Polo, Borges, Proust, this course pretends to follow the command *know thyself* (##### ########) and to discover the priceless value of each human person.

Anthropology I belongs to the CORE CURRÍCULUM, the set of humanistic subjects included in all the Degrees of the University of Navarra: Instituto Core Curriculum. Universidad de Navarra (unav.edu)

Why the subjects of CORE CURRÍCULUM ? Core Curriculum en la Universidad de Navarra - YouTube

Imagen ICC corregida.png

Qualification (Module/Subject):

- Industrial Technologies Engineering (Personal and Social Training/Anthropology and Ethics)
- Mechanical Engineering (Personal and Social Training/Anthropology and Ethics)
- Electrical Engineering (Personal and Social Training/Anthropology and Ethics)
- Industrial Electronics Engineering (Personal and Social Training/Anthropology and Ethics)
- Telecommunication Systems Engineering (Personal and Social Training/ Anthropology and Ethics)
- Industrial Organisation Engineering (Personal and Social Training / Anthropology and Ethics)
- Industrial Design and Product Development Engineering (Personal and Social Training / Anthropology and Ethics)
- Biomedical Engineering (Personal and Social Training / Anthropology and Ethics)
- Artificial Intelligence Engineering (Personal and Social Training /Anthropology and Ethics)

Details:

- **ECTS**: 2 ECTS
- **Year, semester**: 1st year, 1st semester
- **Character**: Compulsory
- **Language**: English
- **Classroom and class schedule:** Ibaeta 3, Tuesday, 10:30 to 12:00 pm.

Lecturers in the subject:

- Guibert Elizalde, María

LEARNING OUTCOMES FOR THE BACHELOR'S DEGREE THAT NEED TO BE ATTAINED ON THIS COURSE

INDUSTRIAL TECHNOLOGIES ENGINEERING

R34 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R35 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R36 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R37 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R38 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

MECHANICAL ENGINEERING

R28 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R29 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R30 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R31 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R32 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

ELECTRICAL ENGINEERING

R30 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R31 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R32 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R33 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R34 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

INDUSTRIAL ELECTRONICS ENGINEERING

R26 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R27 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R28 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R29 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R30 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

TELECOMMUNICATION SYSTEMS ENGINEERING

R26 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship. (Type: Competences)

R27 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles. (Type: Competences)

R28 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge. (Type: Competences)

R29 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them. (Type: Competences)

R30 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline. (Type: Competences)

INDUSTRIAL ORGANISATION ENGINEERING

R31 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R32 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R33 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R34 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R35 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

INDUSTRIAL DESIGN AND PRODUCT DEVELOPMENT ENGINEERING

R22 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R23 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R24 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R25 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R26 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

BIOMEDICAL ENGINEERING

R37 - Promote development of the personality in all its dimensions - scientific, cultural, human, etc. - in such a way that this may be reflected in greater development of critical capacity and awareness of problems, leading to an exercise of freedom which, while respecting legitimate pluralism, is sensitive to manifestations of solidarity and fraternity and helps to build spaces for equality, coexistence and friendship.

R38 - Promote the social values of a peaceful culture, contributing to democratic coexistence, respect for human rights and fundamental principles such as equality and non-discrimination.

R39 - Understand that it is part of the university spirit to critically and reflectively confront the study of one's own discipline in relation to other aspects of knowledge.

R40 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them.

R41 - Discover and judge the anthropological assumptions and ethical implications of one's own discipline.

ARTIFICIAL INTELLIGENCE ENGINEERING

R22- Interpret the information obtained from one's own discipline in relation to other knowledge, assessing its relevance and scope from a critical perspective. (Type: Competences).

R25 - Identify the underlying problem in its scientific and human dimension, gathering the necessary information and selecting the relevant elements for an objective understanding. (Type: Competences)

R26 - Identify values and ethical principles related to a peaceful culture, democratic coexistence, respect for human rights, equality and non-discrimination. (Type: Competences)

R27 - Identify the most relevant questions of human existence present in the great religious, humanistic and scientific creations and adopt a reasoned personal stance on them. (Type: Competences)

R28 - Judge the anthropological assumptions and ethical implications of one's discipline. (Type: Competences)

Universidad de Navarra

COURSE CONTENT

1. Introduction: What is Anthropology and why study it?
2. Body and soul: monism, dualism, hylomorphism.
3. The human being: intelligence, will, memory.
4. Person and spiritual dimension
5. Pain and suffering

Electronic Devices: I ask that NO electronic devices be used in class (except E-readers that do not give you access to the internet/email, etc.). Please bring pen and paper to every class session, as well as a hard copy of the readings for the day. If you would like to request an accommodation, please see me.

TRAINING ACTIVITIES

I. On-Site Activities

1.1 Classes

Various teaching methods will be used, including concept maps, oral presentations, debates to introduce topics, video projections, and the question-and-answer method.

These classes will build on the texts students have worked on at home. Key points from these texts will be explained and expanded upon.

Students are expected to take notes on the ideas discussed in class. Laptop and phone use will be prohibited to enhance concentration.

1.2 Office Hours

By prior appointment: mguibert@unav.es

Students can ask questions and seek clarifications after each class.

1.3 Written Evaluation, Midterm Exam, and Final Exam

Students will demonstrate the acquisition of knowledge, attitudes, and skills related to the corresponding competencies through a midterm exam, which will include short questions on the topics covered, and a final exam consisting of one short question on the material covered since the midterm and one essay question encompassing the content of the entire term.**

II. Off-Site Activities

2.1 Homework

Students will read and analyze philosophical and literary texts and videos, answering specific questions about the texts at class.

2.2 Personal Study

Universidad de Navarra

Students should develop notes from class outlines, their class notes, and key ideas from the texts studied at home. Study will focus on connecting different concepts and mastering philosophical vocabulary.

EVALUATION

ORDINARY EXAMINATION SESSION

In-class activities and participation: 15%.

Some homework activities (marked in green on the schedule) involve reading either a literary or philosophical text. To evaluate your understanding, we will do an in-class activity (such as answering questions about the text). Students must come to class having already read and printed the text, which they are allowed to use during the activity.

Midterm exam: 20%

Final exam: 65%

Midterm exam format: Short questions on topics 1 and 2. **20/10/2026**

Final exam format:

The final exam will consist of two parts. The first part covers the material taught after the midterm and will be assessed with a short question (15%). In the second part of the exam, the course as a whole will be evaluated through a long-form question, in which students must demonstrate that they have assimilated the main topics of the course and have engaged in personal reflection on the issues discussed (50%).

24/11/2026

EXTRAORDINARY EXAMINATION SESSION (RESITS)

- The midterm exam and final exam make up 85% of the grade. In-class activities and participation (15%) will consist of detailed reading tests on the texts commented on in class. Each student must retake only the part in which they failed.

OFFICE HOURS

Dra María Guibert Elizalde

By prior appointment: mguibert@unav.es

Students can ask questions and seek clarifications after each class.

BIBLIOGRAPHY AND RESOURCES

All assigned texts (journal articles or selected chapters from various books) will be available on the University's AulaVirtual Adi. You do not have to buy any textbook. The following list is just an indication of some important books in the domain from which some chapters may be extracted as assigned texts.

Universidad de Navarra

Aristotle, The Nichomachean Ethics. Find it in the library (online)

Descartes, Meditations on First Philosophy, Discourse on the Method (part IV) Find it in the library

Nietzsche, On the Genealogy of Morals, Beyond Good and Evil Find it in the library (online)

Copleston, A History of Philosophy, I. Ancient Greece and Rome. Find it in the Library

Ratzinger, Introduction to Christianity Find it in the library

Benedictus XVI, Deus caritas est Find it in the library

Plato, The Symposium Find it in the library (online)

Van Inwagen, Metaphysics, part three “the inhabitants of the world" Find it in the Library

Stump, Aquinas, part II (“the nature of human beings”) and part III (“the nature of human excellence”) Find it in the library

Nagel, What does it all mean Find it in the library

Fidalgo, Antropología. Para entender al ser humano. Find it in the library (online)