Universidad de Navarra

Curso intensivo preparación TOEFL P1

Guía docente 2026-27

PRESENTATION

The overall objective of this course is to practice the reading, writing, listening, and speaking skills, required for successful completion of the TOEFL iBT computer-based examination. The course is based on specific exam-based materials and online resources and involves active participation on the student's part.

Semester: First

Type: Intensive

ECTS: 2

TOEFL Course: 04 September 2026 to 25 September2026. **Total of 9 classes**

Professor: Chandresh Thakrar

Tutoring hours: By appointment only- contact by email: cthakrar@unav.es

Language: English

Timetable: Mondays**,** Wednesdays and Fridays 14:00-15:30

Location: Mondays Seminario S04 - Amigos; Wednesdays and Fridays - Seminario 105 - Amigos

SKILLS AND COMPETENCIES

Course Requirements: You should be able to communicate effectively to English: B2 (Upper Intermediate)–C1 (Advanced) standard course.

The principal objective is to apply four main competencies (Reading, Listening, Speaking and Writing) to the linguistic knowledge and skills that students bring to the course.

I. Becoming familiar with the exam

Understand what is required in each of the sections of the exam.

Understand the assessment criteria for written and oral expression.

Understand the assessment framework for all parts of the exam.

II. Using exam strategies

Plan time management across the various parts and different components of the exam.

Practice written expression under timed conditions.

Study strategies and tips for each of the exam exercises.

III. Becoming accustomed to the exam

Practice handling and using the computer-based format of the exam.

Complete at least 1 full practice exams available in the Computer Room.

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PROGRAMME

Class time covers the various requirements and guidance on how to complete the skills needed for the TOEFL exam.

As the course progresses, the student will apply these to practical requirements for completing the tasks within the time constraints of the exam for each skill set.

This will make use of the practice tests on the computers, and students will be able to monitor their progress.

Each part of the exam will be introduced, analysed and practiced during the first 6 to 7 class sessions in the classroom. This practice is reinforced with additional grammar and vocabulary exercises both in-class and also made available on ADI.

All parts of the exam are then re-examined over the remaining class sessions making use of the Computer Room to manage the requirements for Online Examination processes.

EXAM

A summary of the TOEFL iBT° exam: Approximately 1.5-2 hours in total for the exam. You are personally responsible for registering with TOEFL in order to arrange your exam date/time. Here is the link: **Official TOEFL Website**

Test Section	**Task type**	**Number of items**	**Estimated Timing**
Reading *Multistage Adaptative*	• Complete the Words • Read in Daily Life • Read an Academic Passage	Up to 50	Up to 30 minutes
Listening *Multistage Adaptative*	• Listen and Choose a Response • Listen to a Conversation • Listen to an Announcement • Listen to an Academic Talk	Up to 47	Up to 29 minutes
Writing	• Build a Sentence • Write an Email • Write for an Academic Discussion	Up to 12	Up to 23 minutes

Speaking	• Listen and Repeat • Take an Interview	Up to 11	Up to 8 minutes

The test will be scored on a 0–6 scale for each section, and 0–6 for the total score. For a period of 18 months, the TOEFL scoring system that previously existed (pre-January 2026) will remain in place for comparison purposes. The score achieved is valid for 2 years. The following is a cross-reference of the Scoring Scales used by TOEFL before January 2026 and AFTER January 2026.

Total and section scores (1-6)	**Reading (0-30)**	**Listening (0-30)**	**Speaking (0-30)**	**Writing (0-30)**	**Total (0-120)**
6	29-30	28-30	28-30	29-30	**114+**
5.5	27-28	26-27	27	27-28	**107+**
5	24-26	22-25	25-26	24-26	**95+**
4.5	22-23	20-21	23-24	21-23	**86+**
4	18-21	17-19	20-22	17-20	**72+**
3.5	12-17	13-16	18-19	15-16	**58+**
3	6-11	9-12	16-17	13-14	**44+**
2.5	4-5	6-8	13-15	11-12	**34+**
2	3	4-5	10-12	7-10	**24+**
1.5	2	2-3	5-9	3-6	**12+**
1	0-1	0-1	0-4	0-2	**0+**