



Universidad
de Navarra

Curso preparación Cambridge Activate Advanced S1

Teaching guide 2025-26

CAMBRIDGE C1 ADVANCED PREPARATION COURSE

COURSE DESCRIPTION

The primary objective of this course is to activate students' grammatical and vocabulary knowledge, and practice the reading, listening and speaking skills associated with language use at CEFR C1 Vantage / Advanced level. The course will also introduce students to some of the tips and techniques required for successful completion of Cambridge English Advanced (CAE) examination tasks.

- **Curso y semestre:** 2025-2026, semestre II
- **Idioma:** inglés
- **Título:** C1 Intensive
- **Libro:** C1 Advanced 4 (incluido)
- **Profesor:** Lesley Carol Reid
- **Horario:** sábados, 09:00-12:30 (17/01-07/03)
- **Aula:** Aula 06, Edificio Amigos

LEARNING OUTCOMES

The successful CAE candidate (C1 level) will have acquired the following linguistic skills:

- **Speaking:** Level C1 users are capable of keeping up lengthy, casual conversations with a good degree of fluency. In the workplace, they can contribute effectively to meetings, seminars and conference-calls concerning their own area of responsibility or expertise. Students at this level can give a clear presentation on a familiar topic, and in tutorials or seminars, present, and to some extent, justify their opinions.
- **Writing:** At this level, personal letters and some more formal types of correspondence, such as a letter to a newspaper, can be dealt with. In the workplace, users can draft professional notes in seminars and lectures, make notes from written sources and write essays which demonstrate an ability to communicate effectively.
- **Reading:** At C1 level, users have the reading competence of an average native speaker. They are capable of understanding most magazine and newspaper articles. In the workplace, they can understand instructions, articles and reports in their own field. If studying, reading related to their own subject area presents few problems.
- **Listening:** Users at the level can cope with everyday life situations. They can enjoy a wide range of social contacts, and understand a great deal of what is broadcast on TV and radio, and in films. In the workplace, they can understand most of what takes place in meetings and seminars within their own area of work. Students at this level can follow much of what is being said at lectures, seminars and tutorials.

GUIDED LEARNING HOURS



Universidad de Navarra

According to the CEFR (Common European Framework of Reference for language learning), the number of guided learning hours estimated to progress from a B2 to a C1 level is **200 hours**. (Total hours to achieve B2: 500-600, and to achieve C1 700-800 hours). Obviously, there are individual differences that must be taken into account but it should be clear that achieving a C1 level involves extensive personal work and commitment.

PROGRAMME

The Cambridge C1 Advanced exam consists of 4 papers. The course programme centres on each paper in the following way:

Paper 1. Reading and Use of English.

- What is tested in each part of the Use of English paper is explained and practised in class. (Part 1, multiple-choice cloze test. Part 2 open cloze test. Part 3 word formation. Part 4 sentence transformation).
- What is tested in each part of the Reading paper is explained and practised in class. (Part 5, multiple choice questions. Part 6 cross-text multiple matching exercise. Part 7 gap-fill exercise. Part 8 multiple-matching questions. Students will acquire the skills they need to improve their performance in each part of the reading paper.

Paper 2. Writing. The format, style and register of the following writing tasks are explained in class: an essay, formal and informal letters, a report, a proposal, an article and a review. Assignments are revised and corrected in detail and students are given specific suggestions on how to improve their written work.

Paper 3. Listening. The listening paper has four different parts. The general objectives include: understanding general meaning, gist, specific details, opinions, feelings and attitudes, etc. Students acquire the listening skills they need to optimise their performance in the examination.

Paper 4. Speaking. The classes centre on the acquiring the following language and skills: talking about yourself, likes and dislikes, the language of comparison and contrast, speculation and hypothesis, agreement and disagreement, decision-making, successful interaction, etc. Students are also given a complete mock oral exam during the course.

EVALUATION

Continuous Assessment

- All tasks completed during the course are graded and form part of the course continuous assessment.
- At the end of the course individual overall performance is compared with the Cambridge assessment scales for C1 Advanced.

EXAM DATES

The Cambridge C1 Advanced digital exam, takes place on Friday **March 2025**, and paper based in-person exam, takes place on **Saturday 22nd March 2025** with the schedule 9.00-13.00h. (approximate). The oral exam may take place on the same day in the afternoon or on a day in the week leading up to the written exam (oral times and dates are emailed to each candidate individually). The exams take place in the Edificio Amigos, Universidad de Navarra, Campus Pamplona.



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OFFICE HOURS

Please contact me by email to arrange a meeting.

Lesley Carol Reid (lreid@unav.es) Instituto de Idiomas, Amigos building

BIBLIOGRAPHY

COURSE MATERIAL PROVIDED ON THE FIRST DAY OF CLASS

- **Cambridge C1 Advanced, Practice Tests 4.** CUP 2021

RECOMMENDED MATERIAL

Cambridge C1 Advanced, Practice Tests, Volumes 1-3. CUP 2015-2018

1. *Grammar and Vocabulary for Advanced (with answers and audio)* Martin Hewings and Simon Haines. Cambridge University Press 2015.

2. *Destination C1&C2 Grammar and Vocabulary. Student's book with key* Michael Mann and Steve Taylore- Knowles Macmillan 2008.