



Universidad
de Navarra

Curso preparación Cambridge Advanced P4

Guía docente 2025-26

INTRODUCTION

CERTIFICATE IN ADVANCED ENGLISH: INTENSIVE COURSE

Welcome to the Cambridge Advanced Intensive preparation course taking place **every Wednesday, 17:30–20:45h from 15/10 - 10/12.**

Sessions will be held in **Seminario B2**, located in the **Sótano of the Amigos Building**. There will be a short break halfway through each class.

This course provides intensive preparation for the Cambridge ESOL Certificate in Advanced English (CAE), which corresponds to C1 level on the Common European Framework of Reference for Languages (CEFR). It is specifically designed for students who already have a C1 level of English, as the focus is on developing the skills and techniques needed to succeed in the official exam. Access to the course is granted based on the results of a level test, which must be taken in the Sala Multimedia at the Instituto de Idiomas. Throughout the course, we will concentrate on exam strategies, task types, and time management, aiming to fully prepare you for the demands of the official Cambridge exam.

COURSE OUTLINE

Reading and Use of English (1 hour, 30 minutes): What is tested in each part of the Use of English paper is explained and practised in class. Part 1: Multiple-Choice Cloze test; Part 2: Open Cloze test; Part 3: Word Formation and Part 4: Sentence Transformation. The Intensive Course also provides guided study of grammar and vocabulary topics examined at CAE (C1) level.

What is tested in each part of the Reading paper is explained and practised in class. Part 5: Multiple-Choice questions; Part 6: Cross-text multiple matching exercise; Part 7: Gap-Fill exercise and Part 8: Multiple-Matching questions. Students acquire the skills they need to improve their performance in each part of the Reading paper.

Writing (1 hour, 30 minutes): The format, style and register of the following writing tasks are explained in class: formal and informal letters; a report; a proposal; an article; a review; an information sheet; and a competition entry. Assignments are corrected in detail, and students are given specific suggestions on how to improve their written work.

Listening (40 minutes): The Listening paper has four different parts; students hear each part twice. The general objectives include: understanding general meaning, specific details, tone of voice, opinions and attitudes, etc. Students acquire the listening skills they need to improve their performance in the examination. In addition, students do one full Listening test under exam conditions (including answer sheets) during the course.

Speaking (15 minutes): Students analyze a sample Speaking test. The classes centre on acquiring the following: general conversation skills; the language of comparison and contrast, speculation and hypothesis, opinion and suggestion, agreement and disagreement, decision-making, etc. In addition, students do two full Speaking tests under exam conditions during the course.

COMPETENCIES/ SKILLS



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The successful CAE intensive course candidate (C1 level) will have acquired the following linguistic skills:

Speaking:

- Level C1 users are capable of keeping up lengthy, casual conversation with a good degree of fluency. In the workplace, they can contribute effectively to meetings, seminars and conference-calls concerning their own area of responsibility or expertise. Students at this level can give a clear presentation on a familiar topic, and in tutorials or seminars, present, and to some extent, justify their opinions.

Writing:

- At this level, personal letters and some more formal types of correspondence, such as a letter to a newspaper, can be dealt with. In the workplace, users can draft professional correspondence and take reasonably accurate notes in meetings. If studying, they can take useful notes in seminars and lectures, make notes from written sources and write essays which demonstrate an ability to communicate effectively.

Reading:

- At C1 level, users have the reading competence of an average native speaker. They are capable of understanding most magazine and newspaper articles. In the workplace, they can understand instructions, articles and reports in their own field. If studying, reading related to their own subject area presents few problems.

Listening:

- Users at this level can cope with everyday life situations. They can enjoy a wide range of social contacts, and understand a great deal of what is broadcast on TV and radio, and in films. In the workplace, they can understand most of what takes place in meetings and seminars within their own area of work. Students at this level can follow much of what is being said at lectures, seminars and tutorials.

Please note that, according to the Common European Framework of Reference for Languages (CEFR), the estimated number of guided learning hours required to progress from B2 to C1 is approximately 200 hours.

B2 level: 500–600 hours

C1 level: 700–800 hours

Of course, individual differences must be taken into account, but it is important to understand that reaching C1 level requires consistent and sustained personal effort.

PROGRAM

Together we will look at all of the CAE exam Reading, Grammar & Vocabulary, Listening, Speaking and Writing tasks, focusing on strategies that will enable learners to complete the tasks as successfully as possible in the time given to sit the exam.

Week 1-4:



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- Every part of the exam will be covered in the first 4 weeks - i.e 1 Use of English/ Listening/ Reading/ Writing/ Speaking section per week

Week 5:

- Mock Speaking Exam, Further Writing Practice, Evaluation of students' weaker points to be covered in the following weeks

Week 6:

- Reading practice, Speaking practice, Writing Practice

Week 7:

- Use of English practice + Mock Listening exam

Week 8:

- Final Speaking practice + Mock Reading & Use of English exam. Final comments and suggestions.

HORARIOS DE ATENCIÓN

Teacher: Elisabete Rodrigues Pires (erodrigues@unav.es)

- Edificio de Amigos. Sótano -1
- Horario de tutoría: Send an email for an appointment

BIBLIOGRAPHY

- Course textbook: *Cambridge C1 Advanced 4 (CUP)* Provided by your teacher on the first day of the course.

Highly Recommended

- Cambridge English Advanced Practice Tests 1. Cambridge University Press.

Recommended for Work outside the classroom

- Destination C1 and C2. Grammar and Vocabulary. Malcolm Mann, Steve Taylore-Knowles. Macmillan 2009
- Grammar and Vocabulary for Cambridge Advanced and Proficiency. Richard Side and Guy Wellman. Longman 1999.
- Cambridge English Advanced Practice Tests. 3rd Edition. Mark Harrison. Oxford University Press 2014
- Advanced Testbuilder 3rd edition. Amanda French. Macmillan.