



Universidad
de Navarra

Inglés C1.1: Curso General P7

Guía docente 2025-26

OVERVIEW

Brief Description: This is the first semester of a two-semester course designed to enable students to reach C1 Level in English in the Common European Framework of Reference for Languages. This C1 (Advanced) level course covers all four skills: reading, writing, listening and speaking. These are consolidated through weekly programmed activities in and out of the classroom. The objectives of this are to reach the specifications from the Common European Framework of Reference for Languages.

- **Type of course:** Open to the general public.
- **Subject:** Ing Gen C1 P7
- **ECTS:** No
- **Academic Year and Semester:** 2025/26 - semester 1
- **Teacher:** Douglas Anderson
- **Timetable:** Tuesday and Thursday, 18:00-19:30. The last class is on Thursday, 27 Nov.
- **Room:** Seminario 01 Amigos.

LEARNING OUTCOMES (Competencies)

Speaking: Level C1 users are capable of keeping up lengthy, casual conversation with a good degree of fluency. In the workplace, they can contribute effectively to meetings, seminars and conference-calls concerning their own area of responsibility or expertise. Students at this level can give a clear presentation on a familiar topic, and in tutorials or seminars, present, and to some extent, justify their opinions.

Writing: At this level, personal letters and some more formal types of correspondence, such as a letter to a newspaper, can be dealt with. In the workplace, users can draft professional correspondence and take reasonably accurate notes in meetings. If studying, they can take useful notes in seminars and lectures, make notes from written sources and write essays which demonstrate an ability to communicate effectively.

Reading: At C1 level, users have the reading competence of an average native speaker. They are capable of understanding most magazine and newspaper articles. In the workplace, they can understand instructions, articles and reports in their own field. If studying, reading related to their own subject area presents few problems.

Listening: Users at this level can cope with everyday life situations. They can enjoy a wide range of social contacts, and understand a great deal of what is broadcast on TV and radio, and in films. In the workplace, they can understand most of what takes place in meetings and seminars within their own area of work. Students at this level can follow much of what is being said at lectures, seminars and tutorials.

Please note that according to CEFR (Common European Framework of Reference for language learning), the number of guided learning hours estimated to progress from a B2 to a C1 level is 200.

B2: 500-600 hours

C1: 700-800 hours



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Obviously, there are individual differences that must be taken into account, but it should be clear that achieving a C1 level involves extensive personal work.

PROGRAM

CONTENTS

Two 90-minute classes per week.

Overview of grammar, vocabulary and functions using the stipulated course book for C1 level;

Supplementary class material: provided by class teacher.

LEARNING ACTIVITIES

In the classroom the four skills are analysed and practised but more time is dedicated to oral practice as, although speaking tasks can and should be worked on individually for homework, the opportunity of working with classmates in pairs and in groups should be exploited.

Acquiring and consolidating an Advanced Level of any language requires much time and effort outside of the classroom. Regarding language, new lexical items and grammar /structure will be introduced and practised both in and outside of the classroom and content already seen at earlier levels will be reviewed and consolidated. Students will note that the supplementary resources for Macmillan English Hub offer a wealth of practice material in Reading, Listening, Writing and Language.

EVALUATION

- Continuous Assessment portfolio with written work assigned in class: 20%.
- Presentation: 10%.
- Speaking examination (CAE parts 1+2): 10%
- Final examination (grammar, vocabulary, reading and listening): 60%

OFFICE HOURS

Please send me an email at danderson@unav.es to arrange an appointment.

BIBLIOGRAPHY AND RESOURCES

English File C1.1 Student's Book and Workbook with answers / key pack - fourth edition (with online practice for speakers of Spanish)

Authors: Christina Latham-Koenig, Clive Oxenden, Jerry Lambert, Kate Chomacki

ISBN: 978-0-19-405818-6

Editorial: Oxford University Press