



Universidad
de Navarra

Integration Skills for the Speaking & Writing Sections of TOEFL iBT P1
Guía docente 2025-26

PRESENTATION

The overall objective of this course is to practice the **speaking and writing skills** of the TOEFL iBT computer-based examination. The course is based on specific exam-based materials and online resources and involves active participation on the student's part.

Semester: First

Type: Intensive

ECTS: Not Applicable

TOEFL Course: 13 October 2025 to 24 October 2025. **Total of 9 hours**

Professor: Chandresh Thakrar

Tutoring hours: By appointment only- contact by email: cthakrar@unav.es

Language: English

Timetable: Mondays, Wednesdays and Fridays 14:00-15:30

Location: Seminario B2 Ed. Amigos <https://www.unav.edu/web/instituto-de-idiomas/idiomas/ingles#31003693-collapse3>

SKILLS AND COMPETENCIES

Course Requirements: You should be able to communicate effectively to English: B2 (Upper Intermediate)-C1 (Advanced) standard course and/or taken a UNAV placement test (<https://forms.gle/1Mnkc1XD7H51wWSm7>) stating that he/she can enrol in this intensive course.

The principal objective is to understand and apply the TOEFL required integrated tasks for Speaking and Writing using the linguistic knowledge and skills that students bring to the course.

I. Becoming familiar with the exam

- Understand what is required in each of the sections for Speaking and Writing.
- Understand the assessment criteria for written and oral expression.
- Understand the assessment framework for all parts as they relate to the Speaking and Writing sections of the exam.

II. Using exam strategies

- Plan time management across the various parts and different components.
- Practice written and oral expression under timed conditions.
- Study strategies and tips for each of the exam exercises as they relate to the Speaking and Writing sections.



III. Becoming accustomed to the exam

- Practice handling and using the computer-based format of the exam.
- Complete at least 1 full practice exam as they relate to the Speaking and Writing sections available in the Computer Room.

PROGRAMME

Class time covers the various requirements and guidance on how to complete the skills needed for the TOEFL exam.

As the course progresses, the student will apply these to practical requirements for completing the tasks within the time constraints of the exam for each skill set.

This will make use of the practice tests on the computers, and students will be able to monitor their progress.

Each part of the exam, as they relate to the Speaking and Writing section, will be introduced, analysed and practiced during the first 3 class sessions in the classroom. This practice is reinforced with additional grammar and vocabulary exercises both in-class and also made available on ADI.

All parts, as they relate to the Speaking and Writing section of the exam, are then re-examined over the remaining class sessions making use of the Computer Room to manage the requirements for Online Examination processes.

EXAM

A summary of the FULL TOEFL iBT[®] exam: Approximately 2 hours in total for the exam.

Test Section	Structure
<i>Reading</i>	<i>2 reading passages</i> <i>10 questions for each passage</i> <i>35 minutes</i>
<i>Listening</i>	<i>3 Lectures with or without and class conversations. 6 questions for each</i> <i>2 campus style conversation discussions. 5 questions for each</i> <i>28 questions in total</i> <i>36 minutes</i>



Speaking	4 tasks § 1 independent § 3 integrated 16 minutes
Writing	2 tasks Integrated Task: 20 mins: 150-225 words Academic Discussion - an opinion from an online classroom lecture statement, and question and posted students discussions: 10 minutes: 100 words 30 minutes

The test will be scored on a 0–30 scale for each section, and 0–120 for the total score. The score achieved is valid for 2 years.

The enrolled student should investigate or have a clear idea of the Total TOEFL score requirements for their destination university/institution.

EDUCATIONAL ACTIVITIES

This course is divided into two parts: the first part focuses on becoming familiar with the key components as they relate to the Speaking and Writing section, and the language skills required for it; the second part focuses on improving performance in the exam by means of application in the context of Computer-Based online exam format.

PART 1

Individual and group activities to review language structures.

Guided practice of exam activities.

Presentation and discussion of exam tasks.

Analysis and revision of written and oral expression tasks.

PART 2

Real-time computer-based practice of the different components of the exam.

Mock practice of different parts of the exam.

ASSESSMENT



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The students will be self-evaluating the progress made from their class and homework tasks, with guidance on development for any writing tasks assessed by the teacher in feedback form, based on the scoring criteria applied by TOEFL.

FUNDAE bonus criteria:

University staff subsidized by FUNDAE will receive the bonus if they meet the attendance requirements set by FUNDAE (in-presence classes: 75% of total sessions).

Additionally, they will receive a final "grade" reflecting their performance in the course (either "meets the requirements" or "doesn't meet the requirements").

Special Cases

Students with special needs must inform the instructor in advance to allow for appropriate accommodations.

BIBLIOGRAPHY AND RESOURCES

Support resources can be obtained through the website for TOEFL where you register for the exam.

<https://www.ets.org/toefl/test-takers/ibt/prepare.html>