



## COURSE DESCRIPTION

- This course prepares the student to use English as an indispensable tool in the nursing profession. That is, to understand and use nursing-related texts, follow conversations on professional topics, and to communicate effectively in healthcare scenarios.
- **Degree:** Bachelor's Degree in Nursing
- **Module in the degree program:** Formación básica de la Enfermería. Materia: Materias Instrumentales
- **Number of Credits:** 3 ECTS
- **Year:** First year students, second semester classes.
- **Type of Course:** Required
- **Instructor:** María Teresa López Vazquez
- **Language of Instruction:** English
- **Department:** Modern Languages Institute, English Department
- **Lecture Schedule:** Fridays 8.00-10.00h (room to be announced)

## LEARNING OUTCOMES (Competencies)

- **CB2** Students must know how to apply their knowledge to their work or vocation in a professional way and must have the competences that are usually demonstrated by means of preparing and defending arguments and solving problems within their area of study.
- **CB3** Students must have the ability to gather and interpret relevant data (usually within their area of study) to make judgements that include a reflection on relevant social, scientific and ethical topics.
- **CB5** Students must develop the learning skills required to undertake subsequent studies with a high level of independence.
- **CG01** In the context of nursing, students must be able to provide technical and professional healthcare that fits the health needs of the people they care for, in accordance with their stage in the process of acquisition of academic knowledge and the quality and safety levels established in applicable legal and ethical standards.
- **CG06** Basing nursing interventions on scientific evidence and the resources available.
- **CG14** Establishing assessment mechanisms that take into account scientific, technical and quality aspects.
- **CG16** Being familiar with healthcare information systems.
- **CE07** Using information and communication technologies and systems in healthcare.

## PROGRAM

1. **Introduction.** The nursing profession. Qualities of a good nurse. Different career options for nurses. Essential vocabulary to describe the body and the hospital.
2. **Patient admissions.** Taking a patient history. Using active listening strategies. Putting a patient at ease. Using patient admission forms, patient records and observation charts. Explaining how the heart works. The heart.
3. **Respiratory problems.** Educating patients about asthma management. Giving instructions to patients effectively. Describing respiration and asthma. Putting a patient at ease. Charting respiratory rates in patient records. The lungs.
4. **Wound care.** Communicating with other nurses; asking for advice. Listening to a training session as part of continuous professional development. Wound Management. Using a wound assessment chart.
5. **Diabetes care.** Communicating with patients: giving advice, making empathetic responses, explaining diabetes, discussing diabetes management. Use of a diabetic chart. The pancreas.



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6. **Medical specimens.** Nurse doctor communication, checking on a patient's condition. Communicating with patients: asking for clarification, checking understanding, explaining renal failure, softening a request. The kidneys.
7. **Medications.** Communicating with other nurses: doing a medication check, checking medication orders for accuracy. Using a prescription chart. The metabolism of medication.
8. **Intravenous infusions.** Nurse doctor communication: reviewing a patient's condition, passing on instructions. Focus on IV infusions: IV orders, IV cannulas. Using an IV prescription chart and a fluid balance chart.
9. **Pre-operative patient assessment.** Communicating with patients: giving pre-operative education, allaying anxiety in a patient. Communicating with other nurses: pre-operative check. Using a pre-operative checklist. Blood circulation.
10. **Post-operative patient assessment.** Following a nurse handover. Communicating with patients: explaining pain management. Using the universal pain assessment tool. Medical focus on pain receptors.
11. **Discharge planning.** Communicating with other health professionals: ward team meeting, telephone referral. Using a telephone referral form, the Katz ADL Index and a discharge plan and checklist. Focus on Cerebrovascular accidents.

## EDUCATIONAL ACTIVITIES

Classes are given by the professor on the topics indicated in the course program with the help of the blackboard, Powerpoint presentations, videos and audio recordings. The online course learning management system (LMS) ADI will be used to post additional material to complement classroom work in the form of pdfs. online links and audio recordings.

During class a range of pedagogical activity types will be employed to help students:

- improve their listening skills, by doing exercises with a special focus on note-taking.
- learn how to read nursing-related texts and documents efficiently.
- acquire specialised vocabulary for a professional working context
- learn how to conduct a basic admission interview with a patient
- express ideas and opinions in professional contexts, and to have discussions with other people (e.g. nurses, patients).

## EVALUATION

*The linguistic abilities tested on this course are : knowledge of vocabulary and language (25%), listening skills (25%) reading skills (25%) and oral communication skills (25%).*

### ORDINARY CALL

> The assessment of the above mentioned linguistic abilities in the ordinary call comprises four components: a mid-term exam 30% of the subject, an oral presentation 15% of the subject, an oral interview 10% of the subject and a final exam 45% of the subject. The dates are detailed below.

1. The in-person **mid-term** exam, in **February** 2026 (date to be confirmed), takes place during the class period and consists of three parts: vocabulary 10% of the final course grade, listening comprehension 10% and reading comprehension 10%. This exam can only be taken once on the day and time stated. If the student does not sit the mid-term they forfeit the 30% grade for the course and receive a 0 for this component of the course.
2. Assessed coursework during the semester comprises an **oral presentation recorded on video** with a submission deadline (date to be announced) via ADI. This coursework contributes to 15% of the final course grade. Late submission of coursework will receive a grade of 0.
3. At the end of the semester (date and time slots allotted to individual students) there will be an in-person, face-to-face **oral interview**. The format of the interview is two students (taking on nurse and patient roles) conducting a patient admission interview with a teacher as assessor. The grade for the interview is 10% of the final course. A no show to the interview will awarded a 0 grade for this component of the course.



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4. The **final exam**, in-person and on paper, is in **May 2026 (date to be confirmed)** and comprises three parts: vocabulary (15% of the final course grade), listening comprehension (15% of the final course grade) and reading comprehension (15% of the final course grade). A no show to the final exam means that the student will be awarded a "No Presentado" on their academic record and therefore do not pass the subject, even if they have completed other components of the assessment (mid-term, oral presentation, interview). A "No Presentado" grade means that the student can either sit the extraordinary call of the exam in June 2026 or repeat the subject the following academic year.

To pass the course it is necessary to have a score of 50 or above of the accumulated total of all the assessed activities, and to have taken the final exam.

## EXTRAORDINARY CALL

> The extraordinary call consists of two components: a written exam 75% of the course grade and an oral exam 25% of the course grade.

1. The **written exam** is an in-person exam and takes place in **June 2026 (date to be confirmed)**. It consists of three sections: vocabulary 25% of the final course grade, listening comprehension 25% of the final course grade and reading comprehension 25% of the final course grade.
2. The **oral exam** is an in-person, face-to-face exam and takes place after the written exam. The oral exam format is one student with one or two examining teachers.

To pass the extraordinary call it is necessary to have a score of 50 or above of the accumulated total of the written and oral components.

The extraordinary call may be taken in the following scenarios:

- The student has failed the subject in May or has not taken the final exam in the ordinary call in May. In this case the student must take the two components of the extraordinary call. There is no carry over of grades from coursework (oral presentation) or semester assessment (mid-term, interview).
- The student has requested to take the extraordinary call having been awarded a grade of 5 or higher in the ordinary call. In this case, the student must take the two components of the extraordinary call and the grade awarded for the extraordinary call will be the grade which corresponds to the course. The grade from the extraordinary call may be higher, equal to or lower (including fail) to the grade originally awarded at the ordinary call. It should be noted that once attendance to the extraordinary call has been requested they must sit the exam, if they do not take the exam (a no show) then the grade will be a "No Presentado" on their academic record and they will have to retake the subject the following academic year.

## SPECIAL NEEDS

Students with special needs can be given 25% extra time in in-person written and oral exams. For this, students must submit a formal request to the faculty at the start of the semester and support their request with the necessary documentation.

*Los estudiantes con necesidades educativas especiales deberán ponerse previamente en contacto con Dirección de Estudios de la Facultad de Enfermería para obtener la autorización correspondiente a las adaptaciones. Dicha autorización deberá ser enviada por el estudiante al profesor de la asignatura. Se recomienda realizar esta gestión al comienzo del cuatrimestre.*

## EXTRAORDINARY CIRCUMSTANCES

Students who are subject to extraordinary circumstances (bereavement, hospitalisation, etc.) at the time of assessed activities (coursework, mid-terms, oral interviews, final exams) must communicate their situation to the faculty and course teacher as soon as possible. Their situation and assessment will be considered on a case by case basis.



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### **CODE OF HONOR**

Plagiarism and cheating in coursework and during exams and other assessed tasks will be sanctioned with a 0 grade in the corresponding component of graded work.

### **ATENCIÓN: Advertencia sobre fraude académico**

Se recuerda que cualquier intento de fraude, copia, plagio u otro comportamiento irregular supone una infracción grave, tal y como está contemplado en el título IV "Normas de disciplina académica de los estudiantes" dentro del sistema de normas sobre la convivencia en la Universidad de Navarra.

### **OFFICE HOURS**

María Teresa López Vázquez

- Office: Sala 3050 Ampliación Biblioteca de Ciencias
- In-person or online meeting by prior arrangement via email - mtlopez@unav.es.
- Any queries to be sent via ADI - mensajes.

### **BIBLIOGRAPHY AND RESOURCES**

- Cambridge English for Nursing Intermediate +. Virginia Allum and Patricia McGarr. Cambridge University Press 2013