Universidad de Navarra

International Healthcare Systems

Teaching guide 2026-27

INTRODUCTION

COURSE DESCRIPTION: This elective course provides students with an overview of the different international healthcare systems and the different nursing roles in those contexts. Nursing professionals play an active role in healthcare institutions' management, administration, and leadership. Therefore, nursing students must understand the different levels of management and administration of services and the essential functions of nursing services at the international level. Through this introductory course, students will be provided with basic knowledge about the different international healthcare contexts and the role of nursing within them.

- **DEGREE**: Nursing.
- **YEAR**: Third.
- **SEMESTER**: First.
- **SCHEDULE**: Classroom 15, Edif. Bilioteca Ciencias. Please refer to the Timetable on the Nursing Faculty website for the timetable for the Unit.
- **NUMBER OF CREDITS**: 3 ECTS
- **TYPE OF COURSE**: Elective
- **LANGUAGE**: English
- **PROFESSOR**: Dr. Jesús Martín Martín.
- **DEPARTMENT**: Department of Adult Nursing. Faculty of Nursing.

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LEARNING OUTCOMES (Competencies)

COMPETENCIES OF NURSING GRADUATES

SPECIFIC COMPETENCIES

CE19. Identifying health-related factors and environmental problems to be able to treat people in situations of health and disease as members of a community.

CE20. Identifying and analyzing the effect of internal and external factors on the health level of individuals and groups.

CE27. Students must have a cooperative attitude toward different team members.

CE42. Personalizing the care provided based on age, gender, cultural differences, ethnic group, beliefs and values.

GENERAL COMPETENCIES

CG03. Students must be familiar with and apply the theoretical and methodological fundamentals and principles of nursing.

CG04. Understanding people’s interactive behavior based on their gender, group and community within their social and multicultural context.

CG05. Designing care systems aimed at patients, families and groups, evaluating their impact and making the appropriate modifications.

CG07. Students must approach people without prejudice and without considering their physical, psychological or social appearance. They must treat them as independent individuals, respect their opinions, beliefs and values, and guarantee their right to privacy, confidentiality and professional secrecy.

CG15. Working with a team of professionals as a basic unit in the unidisciplinary, multidisciplinary or interdisciplinary structure of healthcare professionals and other personnel in patient-care organizations.

ESSENTIAL COMPETENCIES

CB2. Students must have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include a reflection on relevant social, scientific and ethical topics.

CB4. Students must be able to transmit information, ideas, problems and solutions to specialized and general audiences.

CB5. Students must develop the learning skills required to undertake subsequent studies with a high level of independence.

PROGRAM

The course program will be based on seminars given by international experts worldwide. They will provide insight into the functioning of the healthcare system in their country of origin and the different nursing roles and development opportunities in these contexts. This information is ideal and relevant for students, as they will be able to evaluate the option of developing their professional activity abroad in the future by having a global perspective of the functioning of the various health systems and the role of nursing in them.

The different sessions and speakers will be specified at the beginning of the academic year and reflected in this section.

EDUCATIONAL ACTIVITIES

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CLASSROOM TEACHING ACTIVITIES

1. Lectures (0,8 ECTS 20 hours)

International experts from all over the world will lecture using different sources. These classes will be done through PowerPoint presentations and videos where the professor will explain the relevant issues of the presentation. The lectures will provide an overview of the healthcare system and the role of nursing in the speaker's home country. The active participation of the students will be sought.

2. Debriefing

Following the lecture, the professor responsible for the course will facilitate a debriefing session with the students regarding the international expert’s presentation. This session will provide students with an opportunity to ask questions directly to the expert, fostering dialogue and meaningful interaction between the speaker and the students. The discussion will also allow for the exploration of different perspectives and the introduction of additional topics related to the

subject addressed during the lecture, thereby enriching the learning experience and contributing to an engaging and participatory classroom environment.

Active student participation is therefore an essential component of this activity. Students are expected to engage in the discussion, ask questions, and contribute their perspectives, as their involvement is key to fostering dialogue, interaction, and a dynamic learning environment.

3. One-to-one tutorials (0,16 ECTS 4 hours)

Each student may have personal interviews with the lecturer to help with personal study and learning.

II. PERSONAL AND INDIVIDUAL STUDY (1,96 ECTS 49 hours)

The student will be responsible for the organization of his/her work and knowledge acquisition at his/her own pace. Thus, the student will have to study and review the program and solve doubts individually in tutorials or groups.

ASSESSMENT

1. Evaluation of the Theory program (0,08 ECTS 2 hours)

Theory element: counts 80% of the final mark

The evaluation of the theory program will include the following:

- **Essay**: the student will make a reflection on one of the health systems that have been addressed during the course.

2. Participation

Participation will constitute 20% of the final grade. This will be evaluated through the different activities related to the seminars (attendance, professor's questions...).

3. Final Grade

According to the Royal Decree 1125/2003, article 5, marks will range from 0 to 10, including one decimal point and with the following corresponding qualitative grade:

0-4,9: Fail (F).

5,0-6,9: Pass (P).

7,0-8,9: Merit (M).

9,0-10: Outstanding (A), with Honors if that is the case

Evaluation of the extraordinary call

There will be an extraordinary assessment in June for those who do not pass the course. The Extraordinary assessment will follow the same assessment criteria as the Ordinary one.

*** Students with special learning needs**

Students with special educational needs must first contact the Office of Academic Affairs of the School of Nursing to obtain the corresponding authorization for accommodations. This authorization must then be sent by the student to the course professor. It is recommended that this procedure be carried out at the beginning of the semester. Accommodation will be provided for students with special learning needs, either regarding the methodology and/or evaluation of the course, but they will be expected to fulfill all course objectives.

It is reminded that any attempt at fraud, copying, plagiarism, or other irregular behavior constitutes a serious offense as set forth in Title IV 'Academic Disciplinary Regulations for Students' within the System of Rules on Coexistence at the University of Navarra.

OFFICE HOURS

Dr Jesús Martín Martín (jmartinm@unav.es)

- Office S091. Castaños Building.
- Appointments will be agreed upon by e-mail.

BIBLIOGRAPHY AND RESOURCES

RECOMMENDED

Hallberg, I. R. (2021). The nursing profession should participate in the creation of any future health-care system. *Nursing Practice Today*, *8*(3), 167–169. Find this article in the library

Anne Boykin, P. M., Savina Schoenhofer, P. Me. M. B., & Kathleen Valentine, P. R. M. (2013). *Health Care System Transformation for Nursing and Health Care Leaders : Implementing a Culture of Caring*. Springer Publishing Company. Find this book in the library.

Betty Rambur, P. R. F. (2015). *Health Care Finance, Economics, and Policy for Nurses: A Foundational Guide*. Springer Publishing Company. Find this book in the library.

Muriel R. Gillick, M. (2017). *Old and Sick in America : The Journey Through the Health Care System*. The University of North Carolina Press. Find this book in the library.

Mason, D. J., Dickson, E. L., McLemore, M. R., & Perez, G. A. (2021). *Policy & politics in nursing and health care* (Eighth edition.). Elsevier. Find this book in the library